


# THE 7 BIBLICAL COMMANDMENTS FOR NOAHIDES



**1. I BELIEVE AND TRUST THE ONE TRUE G-D, THE  
G-D OF ISRAEL, HASHEM, HAVAYA**

I will never worship any idol or follow any false man-made philosophies or ideologies.

**2. I WILL HONOR HASHEM, THE G-D OF ISRAEL  
AND PRAISE HIM**

I will not blaspheme, disrespect or swear falsely in the Holy Name of HaShem.

**3. I WILL HONOR THE SANCTITY OF HUMAN LIFE.**

I will not injure, murder, embarrass in public or act with cruelty towards any of my fellow Noahides or Jews, the Members of the Holy Covenant.

**4. I WILL HONOR MY FAMILY.**

I will not commit adultery or any sexual transgression and pursue a life of Marriage & Children.

**5. I WILL HONOR THE PROPERTY OF MY FELLOWS.**

I will not steal, induce into error, make fake measures, or kidnap any person.

**6. I WILL RESPECT THE LIFE OF ALL LIVING  
CREATURES AND NATURE.**

I will not be cruel to animals or eat flesh severed from a still-living animal.

**7. I WILL HONOR THESE DIVINE LAWS, PURSUE  
JUSTICE AND MY COUNTRY'S LAWS.**

I will contribute to Reinforce correctness of the legal system and the administration of justice.

